





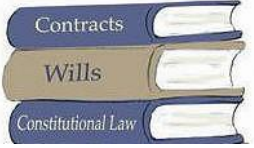






February 2019



CARLINVILLE SENIOR CITIZENS CENTER

213 NORTH EAST ST. CARLINVILLE, IL 62626 (217) 854-3622

<p>THESE PROGRAMS BROUGHT TO YOU BY:</p> 	<p>BINGO: MONDAY - FRIDAY</p>	<p>YOU ARE WELCOME TO JOIN US FOR LUNCH AT 11:30AM PLEASE CALL IN ADVANCE FOR LUNCH ONLY</p>		<p>1 BRING A FRIEND BINGO 12PM</p>  <p>CHICKEN FRIED STEAK</p>
<p>4 RULES OF THE ROAD AT MORSE FARMS 1:30PM CALL (217)854-8142 FOR MORE INFORMATION</p> <p>PEPPER STEAK</p>	<p>5 BISCUITS & GRAVY</p>	<p>6 MOSTACCIOLI</p>	<p>7 POTATO SOUP</p>	<p>8 BRING A FRIEND BINGO 12PM</p>  <p>SWISS STEAK</p>
<p>11 BBQ PORK ON BUN</p>	<p>12 CLOSED LINCOLN'S BIRTHDAY</p> 	<p>13 BLOOD PRESSURE 11AM</p>  <p>TUNA CASSEROLE</p>	<p>14 HAPPY Valentine's DAY</p> <p>MINESTRONE SOUP</p>	<p>15 BRING A FRIEND BIRTHDAY DINNER</p>  <p>BINGO 12PM BEEF ROAST</p>
<p>18 CLOSED ★ HAPPY Presidents' day! ★ USA</p>	<p>19 LAND OF LINCOLN 9AM</p>  <p>POLISH SAUSAGE & KRAUT</p>	<p>20 CHICKEN ALFREDO</p>	<p>21 SNAP FITNESS 10:30AM</p>  <p>BEEF & NOODLES</p>	<p>22 BRING A FRIEND BINGO 12PM</p>  <p>FISH</p>
<p>25 HAM & BEANS</p>	<p>26 LEVI STRAUSS DAY</p>  <p>CHICKEN PATTY ON BUN</p>	<p>27 BLOOD PRESSURE 11AM</p>  <p>CHILI</p>	<p>28 BROCCOLI CHEESE SOUP</p>	<p>AMERICAN HEART MONTH DID YOU KNOW? IN A 70 YEAR LIFETIME, AN AVERAGE HUMAN HEART BEATS MORE THAN 2.5 BILLION TIMES.</p>

