











# February 2019



## JERSEYVILLE SENIOR CITIZENS CENTER

806 E. FRANKLIN ST. JERSEYVILLE, IL 62052 (618) 498-3483

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>THESE PROGRAMS BROUGHT TO YOU BY:</p> 		<p>YOU ARE WELCOME TO JOIN US FOR LUNCH AT 12PM PLEASE CALL IN ADVANCE FOR LUNCH ONLY</p>		<p>1 <b>BRING A FRIEND</b></p> <p>CHICKEN FRIED STEAK</p>
<p>4 HOMEMADE SOUP DAY</p>  <p>PEPPER STEAK</p>	<p>5 BINGO 12:30PM</p>  <p>BISCUIT &amp; GRAVY</p>	<p>6 SILVER SNEAKERS 11AM</p>  <p>MOSTACCIOLI</p>	<p>7</p> <p>POTATO SOUP</p>	<p>8 <b>BRING A FRIEND</b></p> <p>SWISS STEAK</p>
<p>11 BINGO 12:30PM</p>  <p>BBQ PORK ON BUN</p>	<p>12 <b>CLOSED</b> LINCOLN'S BIRTHDAY</p> 	<p>13 EXERCISE 11AM</p>  <p>TUNA CASSEROLE</p>	<p>14 LAND OF LINCOLN 1PM <b>HAPPY Valentine's DAY</b></p> <p>MINESTRONE SOUP</p>	<p>15 <b>BRING A FRIEND</b> BIRTHDAY DINNER <b>Happy Birthday</b></p> <p>BEEF ROAST</p>
<p>18 <b>CLOSED</b> ★ HAPPY Presidents day! ★ USA</p>	<p>19</p> <p>POLISH SAUSAGE &amp; KRAUT</p>	<p>20 EXERCISE 11AM</p> <p>BINGO 12:30PM</p> <p>CHICKEN ALFREDO</p>	<p>21</p> <p>BEEF &amp; NOODLES</p>	<p>22 <b>BRING A FRIEND</b></p> <p>FISH</p>
<p>25 BINGO 12:30PM</p>  <p>HAM &amp; BEANS</p>	<p>26 LEVI STRAUSS DAY</p>  <p>CHICKEN PATTY ON BUN</p>	<p>27 EXERCISE 11AM</p>  <p>CHILI</p>	<p>28</p> <p>BROCCOLI CHEESE SOUP</p>	<p><b>AMERICAN HEART MONTH</b> DID YOU KNOW? IN A 70 YEAR LIFETIME, AN AVERAGE HUMAN HEART BEATS MORE THAN 2.5 BILLION TIMES.</p>

