






# JUNE 2019



# GILLESPIE SENIOR CITIZENS CENTER

115 MACOUPIN ST. GILLESPIE, IL 62033 (217) 839-1399

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|---|--|--|
| <p>THESE PROGRAMS BROUGHT TO YOU BY:</p>  <p><b>Illinois Valley</b><br/>Economic Development Corporation</p> | <p>YOU ARE WELCOME TO JOIN US FOR LUNCH AT 11:30AM PLEASE CALL IN ADVANCE FOR LUNCH ONLY</p>   |   | <p>JUNE IS MEN'S HEALTH MONTH AWARENESS. PREVENTION. EDUCATION. FAMILY</p> <p><a href="http://WWW.MENSHEALTHMONTH.ORG">WWW.MENSHEALTHMONTH.ORG</a></p> |  |
| <p>3</p> <p>PEPPER STEAK</p>   | <p>4</p> <p>BISCUITS &amp; GRAVY</p>   | <p>5</p> <p>BINGO 11AM</p> <p>AMEREN SMART METERS 12PM</p>  <p>SLOPPY JOE ON BUN</p> | <p>6</p> <p>BROCCOLI CHEESE SOUP</p>   | <p>7</p> <p>BRING A FRIEND</p> <p>FISH</p>   |
| <p>10</p>  <p>11AM</p> <p>BBQ PORK ON BUN</p>  | <p>11</p> <p>CHICKEN POT PIE</p>   | <p>12</p> <p>HAMBURGER ON BUN</p>   | <p>13</p> <p>POTATO SOUP</p>   | <p>14</p> <p>BRING A FRIEND</p> <p>CHICKEN FRIED STEAK</p>   |
| <p>17</p> <p>VEGETABLE SOUP</p>  | <p>18</p> <p>NATIONAL SPLURGE DAY DO OR BUY SOMETHING SPECIAL FOR YOURSELF!</p>  <p>GRILLED CHICKEN PATTY</p> | <p>19</p>  <p>11AM</p> <p>CHILI</p>   | <p>20</p> <p>BEEF &amp; NOODLES</p>  | <p>21</p> <p>BRING A FRIEND</p> <p>BIRTHDAY DINNER</p>  <p>OVEN FRIED CHICKEN</p> |
| <p>24</p> <p>HAM &amp; BEANS</p>   | <p>25</p> <p>CHICKEN ALFREDO</p>   | <p>26</p> <p>CHICKEN PATTY ON BUN</p>   | <p>27</p> <p>MINESTRONE SOUP</p>   | <p>28</p> <p>BRING A FRIEND</p> <p>MEATLOAF</p>  |

