

# JUNE 2019



# JERSEYVILLE SENIOR CITIZENS CENTER

806 E. FRANKLIN ST. JERSEYVILLE, IL 62052 (618) 498-3483

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>THESE PROGRAMS BROUGHT TO YOU BY:</p> <p><b>Illinois Valley</b> Economic Development Corporation</p>	<p>YOU ARE WELCOME TO JOIN US FOR LUNCH AT 11:30AM PLEASE CALL IN ADVANCE FOR LUNCH ONLY</p>		<p>JUNE IS MEN'S HEALTH MONTH AWARENESS. PREVENTION. EDUCATION. FAMILY</p> <p><a href="http://WWW.MENSHEALTHMONTH.ORG">WWW.MENSHEALTHMONTH.ORG</a></p>	
<p>3</p> <p>PEPPER STEAK</p>	<p>4</p> <p>BISCUITS &amp; GRAVY</p>	<p>5</p> <p>WORLD ENVIRONMENT DAY GO GREEN!</p> <p>IN-HOUSE EXERCISE 11AM SLOPPY JOE ON BUN</p>	<p>6</p> <p>BROCCOLI CHEESE SOUP</p>	<p>7</p> <p>BRING A FRIEND</p>
<p>10</p> <p>BBQ PORK ON BUN</p>	<p>11</p> <p>LAND OF LINCOLN ATTORNEY 1PM</p> <p>CHICKEN POT PIE</p>	<p>12</p> <p>SILVER SNEAKERS 11AM</p> <p>HAMBURGER ON BUN</p>	<p>13</p> <p>POTATO SOUP</p>	<p>14</p> <p>BRING A FRIEND</p> <p>12:30PM</p> <p>CHICKEN FRIED STEAK</p>
<p>17</p> <p>12:30PM</p> <p>VEGETABLE BEEF SOUP</p>	<p>18</p> <p>NATIONAL SPLURGE DAY DO OR BUY SOMETHING SPECIAL FOR YOURSELF!</p> <p>GRILLED CHICKEN PATTY</p>	<p>19</p> <p>IN-HOUSE EXERCISE 11AM</p> <p>CHILI</p>	<p>20</p> <p>BEEF &amp; NOODLES</p>	<p>21</p> <p>BRING A FRIEND</p> <p>BIRTHDAY DINNER</p> <p>OVEN FRIED CHICKEN</p>
<p>24</p> <p>AMEREN SMART METERS 11:30AM</p> <p>HAM &amp; BEANS</p>	<p>25</p> <p>CHICKEN ALFREDO</p>	<p>26</p> <p>SILVER SNEAKERS 11AM</p> <p>CHICKEN PATTY ON BUN</p>	<p>27</p> <p>MINESTRONE SOUP</p>	<p>28</p> <p>BRING A FRIEND</p> <p>MEATLOAF</p>

