













JULY 2019



CARLINVILLE SENIOR CITIZENS CENTER

213 NORTH EAST ST. CARLINVILLE, IL 62626 (217) 854-3622

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>US POSTAGE STAMP DAY</p>  <p>HAMBURGER ON BUN</p>	<p>2</p> <p>GRILLED CHICKEN PATTY</p>	<p>3</p> <p>ALL MEAT FRANK ON BUN</p>	<p>4</p> <p>CLOSED IN OBSERVANCE OF INDEPENDENCE DAY</p> 	<p>5</p> <p>BRING A FRIEND</p> <p>BINGO 12PM</p>  <p>BBQ PORK ON BUN</p>
<p>8</p> <p>HAM & CABBAGE CASSEROLE</p>	<p>9</p> <p>CHICKEN ALFREDO</p>	<p>10</p> <p>BLOOD PRESSURE SCREENING 11AM</p>  <p>TACO SALAD</p>	<p>11</p> <p>CHEER UP THE LONELY DAY</p> <ul style="list-style-type: none"> • INVITE SOMEONE TO LUNCH!  <p>BEEF & NOODLES</p>	<p>12</p> <p>BRING A FRIEND</p> <p>BINGO 12PM</p> <p>BAKED HAM</p>
<p>15</p> <p>NATIONAL GIVE SOMETHING AWAY DAY</p>  <p>POLISH SAUSAGE & KRAUT</p>	<p>16</p> <p>SWISS STEAK</p>	<p>17</p> <p>GOULASH</p>	<p>18</p> <p>SNAP FITNESS 10:30AM</p>  <p>CHICKEN STIR FRY</p>	<p>19</p> <p>BRING A FRIEND</p> <p>BIRTHDAY DINNER</p>  <p>BINGO 12PM</p> <p>HAMLOAF</p>
<p>22</p> <p>CHICKEN TORTELLINI ALFREDO</p>	<p>23</p> <p>CHICKEN FRIED STEAK</p>	<p>24</p> <p>BLOOD PRESSURE SCREENING 11AM</p>  <p>CHILI</p>	<p>25</p> <p>POTATO SOUP</p>	<p>26</p> <p>BRING A FRIEND</p> <p>BINGO 12PM</p>  <p>MEATLOAF</p>
<p>29</p> <p>VEGETABLE BEEF SOUP</p>	<p>30</p> <p>PAPERBACK BOOK DAY</p>  <p>ENJOY AN OLD FAVORITE</p> <p>BBQ JOHNNY RIBS</p>	<p>31</p> <p>MOSTACCIOLI</p>	<p>YOU ARE WELCOME TO JOIN US FOR LUNCH AT 11:30AM PLEASE CALL IN ADVANCE FOR LUNCH ONLY</p>	<p>THESE PROGRAMS BROUGHT TO YOU BY:</p>  <p>Illinois Valley Economic Development Corporation</p>

