

Energy Saving Tips from Your Friends at the Illinois Valley Economic Development Weatherization Program:

As we transition into winter, here are a few energy efficiency tips:

- **Bundle up** – Instead of cranking up the thermostat, one of the easiest ways to save on your heating bill is to put on a pair of warm socks and a sweatshirt or cozy up with a blanket. This will help keep you warm without using additional energy.
- **Get a humidifier** – In the winter, the cold weather can make the air in your home very dry. A humidifier puts moisture back into the air, which makes it feel warmer and holds heat better – so you can set your thermostat at a lower temperature and still feel comfortable.
- **Use your fireplace carefully** – Be sure to keep your fireplace damper closed unless a fire is burning so your heat doesn't escape up the chimney. To prevent heat loss when using your fireplace, install tempered glass doors to keep the warm air in, and a heat-air exchange system, which blows the warm air back into the room.

Source: Ameren Illinois