

618-498-3483**March 2025****618-498-3483**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken & Noodles Broccoli Pickled Beets Tropical Fruit Milk	4 Beef Stew Cornbread Cottage Cheese Cinnamon Applesauce Milk	5 Sloppy Joe on Bun Tater Tot Lima Beans Peaches Milk	6 Creamy Chicken & Rice Soup Marinated Vegetable Salad Pears Milk	7 Chicken Fried Steak Green Beans Mashed Potato & Gravy Mandarin Oranges Milk
10 Sausage, Biscuits, & Gravy Potato O'Brien Tomato Zucchini Applesauce Milk	11 Polish Sausage Sauerkraut Mashed Potato & Gravy Blushing Pears Milk	12 Chicken Breast Wrap Carrots Pickled Beets Fruit Cocktail Milk	13 Beef & Noodles Dinner Roll Peas Apricots Milk	14 Taco Soup Corn Chips Tossed Salad Mandarin Oranges Milk
17 Sweet & Sour Chicken Rice Oriental Vegetable Vegetable Egg Roll Pineapple Milk	18 Fish Macaroni & Cheese Baked Beans Fruit Cocktail Milk	19 Mostaccioli Garlic Bread Spinach Salad Pears Milk	20 Broccoli Cheese Soup Chicken Salad on Bread Tomato Salad Peaches Milk	21 Swiss Steak Baked Potato Peas & Carrots Fruit Salad Milk
24 Chicken Patty on Bun* Au gratin Potatoes California Blend Vegetables Apricots Milk	25 Sausage Parma Rosa Pasta Garlic Toast * Salad Tropical Fruit Milk	26 Oven Baked Turkey Dressing w/ Gravy Green Beans & Pears Milk	27 Chili Hot Dog on Bun Cole Slaw Applesauce Milk	28 BBQ Johnny Rib on Bun Au gratin Potatoes Butter Beans Ambrosia Salad Milk
31 Tuna Casserole Garlic Bread* Asparagus Mandarin Oranges Milk	Home Delivered Meal recipients must register for a set delivery schedule of either five (5) OR three (3) days per week, with the days always being the same each week. We cannot allow picking or choosing random days based on menu items.			MEAL RESERVATIONS must be made by 11am on the day BEFORE you wish to receive a meal. Thank you. WG = Whole Grain w/ = With

IF YOU WILL NOT BE HOME to accept your home delivered meal, please notify the center 24 hours in advance to cancel the meal. If a cancellation is not phoned in and you are not home to receive the meal, delivery services will be discontinued until you contact the center to resume your meal delivery service. TWO unsuccessful delivery attempts where no one was home to receive the meal, and the participant did not report a cancellation may result in a 30-day suspension of services.