

Month: April	Year: 2026	Center: Jerseyville	Phone: 618-498-3483	ILLINOIS VALLEY	
				Approved by: Rebecca Shinn, RD LDN	
Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	
		Beef Stroganoff Dinner Roll* Green Beans Fruit Cocktail 2% Milk	White Chicken Chili Tortilla Chips * Cucumbers & Onions Peaches 2% Milk	Opened Faced Roast Beef* Mashed Potatoes & Gravy Spinach Tropical Fruit 2% Milk	
6	7	8	9	10	
Italian Chicken Pasta	Beef & Noodles	BBQ Riblet on Bun*	Chicken Noodle Soup	Beef Pepper Steak	
6 Bean Salad	Mashed Potatoes & Gravy	Baked Beans	Dinner Roll*	Rice Pilaf	
Brussel Sproats	Broccoli	Coleslaw	Marinated Vegetable Salad	Stewed Tomatoes	
Pineapple	Pears	Mandarin Oranges	Plums	Peaches	
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	
13	14	15	16	17 BIRTHDAY DINNER	
Pulled Italian Chicken on Bun*	Turkey & Cheese Sandwich*	Chicken & Stuffing Casserole	Bologna Salad on Bread*	Chicken Fettuccini Alfredo	
Green Beans	Tomato Soup	Corn	Broccoli Cheese Soup	Garlic Bread*	
Buttered Beans	Good Vegetable Salad	Asparagus	3 Bean Salad	California Vegetable Blend	
Apricots	Applesauce	Mandarin Oranges	Fruit Cocktail	Strawberries and Angel Food Cake	
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	
20	21	22	23	24	
Beef and Rice Casserole	Chicken & Dumplings	Hamburger on Bun*	Cheesy Chicken Broccoli & Rice	Beef Ravioli w/ Red Sauce	
Black Beans w/ Corn & Red Peppers	Mashed Potatoes & Gravy	Buttered Parsley Potato	Glazed Carrots	Garlic Bread*	
Tropical Fruit	Peas & Carrots	Baked Beans	Fruit Cocktail	Romaine Salad	
2% Milk	2% Milk	Pineapple	2% Milk	Mandarin Oranges	
		2% Milk		2% Milk	
27	28	29	30	If you are in need of a diabetic <u>dessert</u> substitute please notify your local nutrition site and one will be provided.	
Cheesy Chicken Casserole	BBQ Pulled Pork on Bun*	Chili w/ Beans	Polish Sausage & Sauerkraut		
Hominy	Sweet Potatoes	Corn Bread*	Red Skinned Mashed Potatoes		
Spinach	Baked Beans	Tomato Salad	Lima Beans		
Peaches	Apricots	Tropical Fruit	Mandarin Oranges		
2% Milk	2% Milk	2% Milk	2% Milk		
Reservations must be made by 1:00 pm prior to the day you wish to eat. If you have made reservations & cannot attend, please notify the Center					
WHOLE WHEAT BREAD SERVED DAILY EXCEPT WHEN NOTED WITH (*) 2 % MILK IS SERVED DAILY					
Menu subject to CHANGE based on product availability. Call your local center to learn about events & activities. Please make checks payable to: IVEDC PO Box 431 Jerseyville, IL 62052					